

Savitri's Yoga

### Who was Death and what was its opposition to Savitri?

- 1. Death
- 2. Falsehood
- 3. Suffering
- 4. Ignorance
- One of the 4 Godheads of the Inconscient self
- could not accept the imperishable Divine Love can manifest in matter
- Believed that only fleeting mortal love existed and that Savitri's Love for Satyavan was such love
- Ignorant of the line of spiritual development in the various Selves of the being and how they affect the physical substance - when one or all of the selves are opened to the Supreme the transformative action commences - in most people this action is slow...in Savitri's case it all happened in the space of a year
- the descent of Her force into each layer of the being results in the lower vital and other forces of ignorance being expelled
- unaware of the rule of the Mother's consciousness which occurs as part of the transformative action
- Oversaw the law of perishability - all things that are created must die
- Victory over Death symbolises final victory of Spirit over matter

### How do we implement Savitri's Yoga in our lives?

- Step 1 - give up attachment towards past associations and concentrate only on the Mother
  - Like Savitri be aware of Narad's date - economise time, don't lie in ignorance and tamas
  - concentrate on changing your destiny
  - Be in constant remembrance of the Mother
- Step 2 - transformation of nature
  - Allow her force to do the transformative work
  - "What one cannot do oneself one can get done by calling the Mother's force. To receive that and let it work in you is the true means of success in the Sadhana" - Sri Aurobindo
  - This will lead to union with the Divine in all Selves
  - victory of Death and Falsehood from within
- Step 3 - Journey into Abyssal night
  - Savitri's light will carry us through all the layers of Inconscient Self and illumine them, the awakening and activation of the Inconscient Purusha is a key achievement for this
  - Even a little practice will save us, even if we can't give up all attachment, in this life we can still serve the Divine Mother and her work. In due course she will loosen the binds that tie us either in this life or next and make us her True children - God's slave.
- Be like Satyavan (See Satyavan's Yoga Mind Map)
  - possessing the nature of Satyavan entitles one to Savitri's Love, Care, Light and Bliss

### What was Savitri's Yoga after meeting Satyavan?

- conquest of death from within
- meeting of the 4 asuras of the inconscient self
- transformation of her untransformed parts and discovery of the Almighty power in the cells of matter
- The physical body needs to be in a good state to receive the higher descending light and force. A lack of care and degradation would result in its lack of collaboration for the transformative work. Satyavan received greater physical care after Savitri's advent into his life
- Nourishing and Protecting the Physical substance and Life of Satyavan
- Her yoga took a greater focus and intensity as she was aware of Narad's date
- governed by Truth consciousness
- 1. Supreme Self
- 2. Super Conscient Self
- 3. Universal Self
- 4. Subliminal Self
- 5. Surface Physical Self
- 6. Inconscient Self
- her spiritual union with Satyavan in this plane gave them the experience of rains of Truth light from the overmind plane to the higher mind plane - the force here was felt rushing through the head from above
- her union with Satyavan in this Self experienced the rush of divine force all around physical and subtle body
- union with Satyavan in this self gave the feeling of the emanation of the divine vibration from within (not descending or invading from outside)
- They experienced the divine entering through the physical through the feet
- Savitri's experience in various selves

### What are some of the constraints to Her work?

- Earth's consciousness
- It is not yet ready to be swallowed by Absolute Light
- The Divine Grace's descent is dependent on the purity of the subtle body and divine union in all selves
- complete union with Satyavan and the Divine is only possible on transformation of nature
- after transformation conquest of death from within occurs
- Parts of her being that were yet to be transformed
- mind/vital were sometimes deflected and accepted his death as inevitable
- conquest of death from without is step 2
- Death

### What were the main phases of Savitri's Life?

- marked by discovery of her soul and its protective power and guidance
- 1. Sunlit Path - 1st phase
- Note - only those who have found their Soul can save themselves as well as others - However many stop after this stage of the sadhana. They remain aloof, untainted and unworried by Nature. They do not partake in the play and do not interfere with nature. They save a few souls and the rest they leave to the hand of fate...those who want to transform matter for the benefit of all must descend and bear the pain...they cannot effect this action from standing aloof.
- marked by the arrival of Satyavan
- in addition to the guidance and protection of her soul, she now had the guidance of Her Lord/God
- 2. Golden Path - 2nd Phase
- the descent of the Divine power within Savitri, its manifestation, the casting aside of the veil that hid it. The light from Her being engulfs Death and its effect is nullified
- 3. Path into Abyssal Night - 3rd Phase

### Who opposed Savitri and Satyavan's union?

- 1. Savitri's human mother
- 2. Part of Savitri's being that were yet to be transformed
- 3. Death
- A realised soul but unaware of the power of the Divine to conquer death and transform matter

### Who was Satyavan?

- Savitri's second self
- the discrepancy between his high aspiration to bridge the gulf and bring down the higher light and the inability of the cells of his physical to withstand the transformation could have contributed to his early departure
- came to bear the burden of the earth

### What made Savitri's choice of Satyavan as Her Lord final and irrevocable?

- Savitri's 3 experiences in 1st meeting Satyavan
  - His touch enhanced her physical appearance
  - Body, Mind and Life were even more purified by the Soul's touch and the touch and pressure of Her Lover
  - She had a direct contact with the Supreme when He manifested in Satyavan
- 3 Spiritual experiences
  - She saw the Supreme manifested in him
  - Their past relationships through eternity was recollected and revealed to her
  - She saw him as her collaborator in her work of divine manifestation on earth
- Growth in Savitri's consciousness after meeting Satyavan
  - She assumed the Mother's consciousness towards all living beings
- Triple sanction
  - Psychic acceptance
  - Heaven's blessings
  - Earth's Tapasya
  - Her Psychic being had knowledge of past, present and future and their joint destiny in world manifestation
  - Narad
  - came to remind her of her divine mission but could not foresee the victory over Death as destiny is illegible past a certain point due to the confluence of forces from the superconscient self and inconscient self that needs to be worked out in matter
  - Also highlighted the limitation of the Gods/Heaven's role - only the direct divine power that the psychic represents can overcome Death, any intermediary force cannot
  - blessings of the Father/King Ashwapati

### What were the levels of spiritual attainment of both Savitri and Satyavan before they met?

- Both had realisation of the Divine in Supreme, Superconscient, Universal and Subliminal Selves
- In Satyavan's case when he entered the domain of the Supreme Self he lost his connection with his other selves. So the integral Self awareness could not be established
- Savitri ensured Satyavan did not jettison the world and merge in the Supreme like other renunciants before him
- Both were searching for the passage through which earth and heaven could be bridged
- they had entry into surface physical and inconscient selves and had the realisation in those selves

### What occurred with the union of Savitri and Satyavan and how it differs from other worldly union?

- This is marked by the 2nd phase - Golden Path of savitri's life
- Their union held the world in a single heart and together they arrived at the meeting place of all the Worlds
- This Dual Divine Vibration multiplied their aspiration to bring down the supreme divine force to all the layers of consciousness and hierarchies of worlds
- the subtle physical union has many implications for manifestations in the physical (which is why our Lord Sri Aurobindo promised to remain in the Earth's atmosphere and continue His work in the subtle physical)
- changes to the subtle body creates miracles in the physical
- Although one may be separated physically, a constant subtle physical union at all times is possible...this can remain inspite of turbulence in the lives of those connected in the physical world
- the subtle physical union opens the gates for the light and force of the Supreme to flood the descending hierarchies of the worlds and selves/heaths
- Because earth represents a concentration of all the worlds, anything that affects it has repercussions for other worlds...so any growth towards light in the Earth's consciousness also affects other layers positively
- Their trance of union is a subtle physical event - as this is the staging area for all works in the physical

This introduces the cells to a new consciousness and the cells slowly lose their habitual obedience to the law of perishability...the new consciousness introduces the possibility of immortality to them



# Notes

1) In Satyavan's case when he entered the domain of the Supreme Self he lost his connection with his other selves. So the integral Self awareness could not be reestablished

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I looked upon the world and missed the Self, And when I found the Self, I lost the world,

My other selves I lost and the body of God, The link of the finite with the Infinite, The bridge between the appearance and the Truth, The mystic aim for which the world was made, The human sense of Immortality.